

Choosing a 21-Day Purification Kit

START HERE
Choose Your Fiber

GASTRO-FIBER CAPSULES

*Ideal for those who don't mind taking pills
Ideal for those who tend towards loose*

WHOLE FOOD FIBER POWDER

*Ideal for those who prefer less pills
Ideal for those who tend towards constipation*



Choose Your Protein

Choose Your Protein

WHEY PROTEIN

Vegetarian / Complete protein source

RICE & FLAX PROTEIN

Vegan / Ideal for dairy sensitive

WHEY PROTEIN

Vegetarian / Complete protein source

RICE & FLAX PROTEIN

Vegan / Ideal for dairy sensitive

Kit #12010

- (2) SP Complete
- (2) Gastro-Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

ORIGINAL

Kit #12035

- (2) SP Complete Dairy Free
- (2) Gastro-Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

ORIGINAL

Kit #12020

- (2) SP Complete
- (2) Whole Food Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

ORIGINAL

Kit #12040

- (2) SP Complete Dairy Free
- (2) Whole Food Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

ORIGINAL

Choose Your Flavor

Add in Flavor

Choose Your Flavor

Add in Flavor

VANILLA

CHOCOLATE

VANILLA

CHOCOLATE

CHOCOLATE

VANILLA

CHOCOLATE

VANILLA

Kit #12055

- (2) SP Complete, **Vanilla**
- (2) Gastro-Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

Kit #12065

- (2) SP Complete, **Chocolate**
- (2) Gastro-Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

Kit #12035 + 8185

- + (1) Veg-E Complete Pro Vanilla

Kit #12035 + 8180

- + (1) Veg-E Complete Pro Chocolate

Kit #12070

- (2) SP Complete, **Chocolate**
- (2) Whole Food Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

Kit #12060

- (2) SP Complete, **Vanilla**
- (2) Whole Food Fiber
- (1) SP Cleanse
- (1) SP Green Food
- (1) Purification Guide
- (1) Kit Brown Bag

Kit #12040 + 8180

- + (1) Veg-E Complete Pro Chocolate

Kit #12040 + 8185

- + (1) Veg-E Complete Pro Vanilla

FRUIT

Original Kit + 7500

Any Unflavored Kit + SP® Power Mix



NATURAL HEALTH
IMPROVEMENT CENTER

www.nhcenter.com

**CLICK ON THE
KIT # TO ORDER**

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.